

## Health Law Year in Review for 2025

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Foster Garvey PC is pleased to publish its *Health Law Year in Review* for 2025. The health care legal landscape experienced significant change over the past year, reflecting new developments in public policy, technology, legislation and regulatory interpretations. A new administration, legislators, courts and administrative agencies addressed a wide range of issues—from oversight and enforcement to innovation and access—against a backdrop of economic pressure and evolving care delivery models.

This *Health Law Year in Review* examines a few developments that meaningfully influenced health care stakeholders during the year. It focuses on legislative and regulatory actions, enforcement initiatives and judicial decisions that carry practical implications for health care providers. Rather than cataloging every change, the review highlights certain shifts likely to affect compliance obligations, strategic planning and risk management.

Across these developments, several patterns became evident. Regulators continued to refine their approaches to fraud and abuse enforcement, reimbursement integrity and data protection, while courts weighed challenges that may reshape long-standing interpretations of health laws. At the same time, innovation—including digital health tools, artificial intelligence and alternative payment arrangements—prompted ongoing efforts to adapt existing legal frameworks to new realities.

Looking ahead, health care organizations must navigate an environment defined by both regulatory complexity and opportunity for growth. This publication is intended to serve as a practical resource, offering insight into some of the year's most consequential developments nationally and within Washington state and identifying areas where further legal developments are likely in the months to come.

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