



Family and law are two of the most important things in my life, so it was only natural that I combined the two to form my profession. As a second-generation family attorney, I have witnessed first-hand how vital a lawyer can be in effectuating positive results for clients during one of the most difficult times in their life. My goal is always to help my clients resolve their unique circumstances and obtain their desired result as effectively and efficiently as possible.

Barry focuses his practice primarily on the representation of clients in complex matrimonial litigation. His work encompasses a broad range of issues, including those related to divorce, spousal and child support, custody, and domestic violence. He has experience with cutting-edge concerns at the forefront of family law, including those related to cohabitation, retirement, and child relocation.

In the area of civil litigation, Barry's experience includes business and shareholder disputes, employment-related issues, and general equity matters.

Barry handles all aspects of the litigation process, from initial consultation to discovery and depositions, through trial and appeals.

Results may vary depending on your particular facts and legal circumstances.

Departments

Family Law Litigation

Education

New York Law School, J.D. cum laude, 2011

University of Maryland, B.A., 2008

Bar Admissions

New Jersey, 2012

New York, 2014

U.S. District Court, District of New Jersey, 2012



Barry S. Sobel (Cont.)

HONORS & AWARDS

- Listed in Best Lawyers: Ones to Watch (a trademark of Woodward/White, Inc.) in the Family Law practice area (2021 - 2025)
- National Society of Collegiate Scholars
- National Scholars Honor Society

Please visit our Award Methodology page for a description of the standard or methodology on which these accolades are based. Attorney Advertising: No aspect of this advertisement has been approved by the Supreme Court of New Jersey.

UNIQUELY NJ

- New Jersey State Bar Association; Family Law Section, Executive Committee
- New Jersey Family Lawyer Magazine, Associate Editor
- Barry Croland Family Law American Inn of Court
- Essex County Matrimonial Early Settlement Panel Volunteer Panelist

MORE ACTIVITIES & EXPERIENCE

- Former judicial intern to The Honorable Frank M. Ciuffani, New Jersey Superior Court, Middlesex County, Chancery Division (2010)
- Former judicial intern to The Honorable Freda L. Wolfson, United States District Court, District of New Jersey (2009)
- Senior Staff Editor, New York Law School Law Review

PRESENTATIONS & SPEAKING ENGAGEMENTS

Panelist, The Fab Four and Lepis – Hot Tips for Navigating the Many Areas of Post-Judgment Family Law Practice

Sponsor: New Jersey Institute for Continuing Legal Education, November 11, 2025

Panelist, Family Law Hot Tips - Let's Talk About Tech

Sponsor: New Jersey Institute for Continuing Legal Education, October 14, 2024

Faculty, 2024 Jeffrey P. Weinstein Family Law Institute

Sponsor: New Jersey Institute for Continuing Legal Education, September 24-25, 2024



Barry S. Sobel (Cont.)

Speaker, 2023 Jeffrey P. Weinstein Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 25-26, 2023

Speaker, 2022 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, 7.26-27.22

Panelist, 2021 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 27, 2021

Speaker, 2020 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 21-22, 2020

Panelist, 2019 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 23-24, 2019

Faculty, 2017 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 25-26, 2017

Faculty, 2016 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 26-27, 2016

Panelist, 2015 Family Law Summer Institute

Sponsor: New Jersey Institute for Continuing Legal Education, July 28-29, 2015

PUBLICATIONS & ALERTS

Co-Author, Cross-Examination Techniques for Financial Experts New Jersey Family Lawyer Magazine, December 2023

Author, Deposition Tips for Young Lawyers

New Jersey State Bar Association New Jersey Lawyer, June 2023

Author, Survey of Post-2014 Amendment New Jersey Cohabitation Cases

New Jersey State Bar Association New Jersey Family Lawyer, January 2023

Author, When it Comes to Custody Issues, Smoking Pot is Not Necessarily a Smoking Gun

Greenbaum, Rowe, Smith & Davis LLP Client Alert, August 16, 2021

Author, The Continued Confusion of Cohabitation Post-Landau: A Recent New Jersey Appellate Division

Ruling Provides Further Guidance

Greenbaum, Rowe, Smith & Davis LLP Client Alert, July 14, 2021



Barry S. Sobel (Cont.)

NEWS

Greenbaum, Rowe, Smith & Davis Promotes Two Attorneys to Partnership January 1, 2025

2025 Edition of *Best Lawyers* Recognizes 56 Attorneys in 39 Practice Areas: Ten Greenbaum Lawyers Recognized on "Ones to Watch" List; Three Selected for "Lawyer of the Year" Recognition August 15, 2024

2024 Edition of *Best Lawyers* Recognizes 59 Attorneys in 38 Practice Areas: Twelve Greenbaum Lawyers Recognized on "Ones to Watch" List; Five Selected for "Lawyer of the Year" Recognition August 17, 2023

2023 Edition of *Best Lawyers* Recognizes 51 Attorneys in 36 Practice Areas: Nine Greenbaum Lawyers Recognized on "Ones to Watch" List; Seven Selected for "Lawyer of the Year" Recognition August 18, 2022