



Jeremy Mittman

Partner



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legal expertise

Jeremy Mittman represents management in litigation of employment-related matters, including discrimination, harassment, and retaliation, as well as state and federal wage and hour claims. He regularly counsels clients on compliance with employment-related laws and on enforcing personnel policies and procedures. Jeremy has extensive experience representing employers in a variety of industries such as financial services, security services, and numerous entertainment and media companies. In addition, Jeremy works with clients on multi-country HR projects involving issues such as employment contracts, international background checks and non-competition issues, terminations, immigration matters and other HR actions. He also regularly advises executives in the negotiation of employment agreements.

representative matters

- Motion to dismiss granted in JAMS arbitration on behalf of prestigious hospital, resulting in the dismissal of claims for discrimination, wrongful termination and retaliation.
- *Angela Yarbrough v. Paramount Pictures Corp.*, Los Angeles Supreme Court (summary judgment granted on behalf of Paramount Pictures Corporation, resulting in the dismissal of claims for discrimination, constructive discharge and wrongful termination on the basis of race, in their entirety).
- *Thommeny v. Paramount Pictures Corp.*, 2011 WL 2899340 (C.D. Cal) (summary judgment granted in case alleging breach of contract, discrimination and fraud).

honors & awards

- "Top 5% of lawyers in Southern California," Southern California *Super Lawyers* (2021-2023)

practice areas

labor & employment

employment litigation & counseling

labor litigation & counseling

admissions

New York

U.S. District of New York,
Eastern District

U.S. District of New York,
Southern District

California

U.S. District of California,
Central District

U.S. District of California,
Northern District

U.S. District of California,
Eastern District

U.S. District of California,
Southern District

education

- University of Southern California Law Center, J.D., 2003
- University of Pennsylvania, B.A., 1999

other career experience

- Special Employment Counsel, Proskauer Rose

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Jeremy Mittman

professional, business and civic affiliations

- Member, American Bar Association
- Co-Chair, Employment & Labor Law Specialty Group, TAGAlliances

LLP

- Counsel, Global Employment, WME I IMG

headlines

15 MSK Attorneys Named to the 2023 Edition of Southern California *Super Lawyers*

January 10, 2023

16 MSK Attorneys Named to the 2022 edition of Southern California *Super Lawyers*

January 20, 2022

MSK Client Amazon Acquires MGM Studios

May 26, 2021

Jeremy Mittman Quoted in *SHRM*

April 23, 2021

Jeremy Mittman Featured in TAG Alliances' Annual Review 2020

April 20, 2021

14 MSK Attorneys Named to the List of 2021 Southern California *Super Lawyers*

January 21, 2021

Jeremy Mittman & Corey Singer Featured in *SHRM*

August 27, 2020

MSK Welcomes Partner Jeremy Mittman

September 20, 2018

media mentions

Jeremy Mittman and Eric Engelman Published in the *Daily Journal* on Key 2026 Employment Law Changes

Daily Journal , January 20, 2026

Jeremy Mittman and Eric Engelman Published in the *Daily Journal*

Daily Journal , December 31, 2024

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Jeremy Mittman

Jeremy Mittman and Gabriel Hemphill Featured in *Law360*
June 7, 2022

Jeremy Mittman Quoted in *Bloomberg Law*
April 23, 2020

Jeremy Mittman and Corey Singer Featured in *Daily Journal*
April 23, 2020

Jeremy Mittman Quoted in *Law.com*
September 20, 2019

Jeremy Mittman Featured in *Law360* for Move to MSK
September 26, 2018

Jeremy Mittman Mentioned in *Bloomberg Law*
Bloomberg Law, September 21, 2018

Jeremy Mittman Mentioned in *The Recorder*
The Recorder, September 21, 2018

Jeremy Mittman Featured in *Attorney at Law Magazine*
September 20, 2018

client alerts

New "Know Your Rights" Notice: What California Employers Should Know by February 1, 2026
MSK Client Alert, January 22, 2026

California Bans Most "Stay-or-Pay" Provisions in Employment Contracts, Effective Jan. 1, 2026
MSK Client Alert, November 25, 2025

California Employers be WARNed: Expanded Cal-WARN Notice Requirements Take Effect January 1, 2026
MSK Client Alert, October 20, 2025

New California Supreme Court Case Provides Guidance to Employers Seeking to Rely on the "Good Faith Defense" to California Wage and Hour Violations
MSK Client Alert, September 3, 2025

When HR Meets AI: California Issues New Employment AI Regulations
MSK Client Alert, August 26, 2025

California Supreme Court Waters Down—But Does Not Extinguish—Harsh Arbitration Fee Law
MSK Client Alert, August 25, 2025

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Ready, Set, Vlog! New California Laws Protect the Rights of Child Vloggers

MSK Client Alert, December 5, 2024

PAGA: The Next Generation: Recently Published FAQs Clarify New Legislative Changes

MSK Client Alert, November 21, 2024

New California Law Imposes Requirements on Contracts with Freelance Workers

MSK Client Alert, October 21, 2024

California Eliminates Employers' Ability to Require Employees to Take Vacation Before Receiving Paid Family Leave Benefits

MSK Client Alert, October 9, 2024

FTC's Non-Compete Ban Faces Challenge in Texas Lawsuit As Enforcement is Put On Hold

MSK Client Alert, July 16, 2024

California Court Strikes Down Employer's Arbitration Agreement, Causing Employers to Review Their Agreements for Compliance

MSK Client Alert, July 8, 2024

PAGA: The Next Generation, Now In Wide Release for California Employers!

MSK Client Alert, July 4, 2024

EEOC Releases Guidance on Harassment in the Workplace Addressing Timely Topics

MSK Client Alert, June 13, 2024

U.S. Department of Labor Issues Helpful Guidance on Employers' Use of Artificial Intelligence in the Workplace

MSK Client Alert, June 11, 2024

California Supreme Court Issues A Rare "Employer Friendly" Decision Concerning Employee Wage Statements

MSK Client Alert, May 22, 2024

U.S. Department of Labor Issues Much-Anticipated Final Rule Increasing Exempt Employee Salary Threshold

MSK Client Alert, May 3, 2024

New York Becomes First State to Implement "Paid Prenatal Leave" for Employees

MSK Client Alert, May 2, 2024

When Time Is On The Employee's Side: The California Supreme Court Provides Guidance On What Constitutes Working Time

MSK Client Alert, April 10, 2024

Los Angeles County Passes New "Fair Chance Ordinance" for Unincorporated Areas, Further Restricting Employers' Use of Criminal History

MSK Client Alert, April 8, 2024

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With Release of New Guidance, California Employers Now Have What They Need To Comply with July 1st Deadline To Implement a Workplace Violence Prevention Plan
MSK Client Alert, March 18, 2024

California Enacts New Employee Reproductive Loss Leave Law For 2024
MSK Client Alert, October 18, 2023

California Expands Paid Sick Leave Law, Increases Annual Leave Amount
MSK Client Alert, October 11, 2023

Still Have Independent Contractors? The City of Los Angeles Now Has Something to Say About That
MSK Client Alert, August 31, 2023

Rapper's (un)Delight: Ninth Circuit Holds Blaring Rap Music in the Workplace Can Support Sex Harassment Claim
MSK Client Alert, June 13, 2023

The Fair Work Week Ordinance: What LA Retailers Need to Know
MSK Client Alerts, March 23, 2023

NLRB Calls Into Question Confidentiality and Non-disparagement Provisions in Agreements with Employees
MSK Client Alert, March 3, 2023

California Employers Prohibited from Taking Adverse Action Against Employees during "Emergency Conditions"
MSK Client Alert, October 17, 2022

California Employers Required to Provide Bereavement Leave to Employees
MSK Client Alert, October 11, 2022

California's COVID-19 Supplemental Paid Sick Leave Extended Through 2022
MSK Client Alert, October 6, 2022

California Will Prohibit Employers From Discriminating Against Off-site Marijuana Use
MSK Client Alert, October 5, 2022

California Enacts New Law Mandating Pay Range Disclosures In Job Listings
MSK Client Alert, October 4, 2022

Measure to Repeal PAGA Qualifies for 2024 California General Election Ballot
MSK Client Alert, August 3, 2022

Hollywood Extends "Return to Work" COVID-19 Protocol Agreement Through September
MSK Client Alert, August 1, 2022

Take a Seat: Summary Judgement Reversed in Suitable Seating Suit
MSK Client Alerts, July 29, 2022

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Corporate Board Diversity Mandates Under Fire in California

MSK Client Alert, June 15, 2022

California Court Rules that Employers May Be On The Hook For Unreimbursed Remote Work Expenses

MSK Client Alert, June 9, 2022

Walmart Dodges Claim for "Waiting Time Penalties" Under California Law In Helpful Independent Contractor Law Decision

MSK Client Alert, May 3, 2022

Cal/OSHA Approves Third Adoption of COVID-19 ETS

MSK Client Alert, May 2, 2022

President Biden Signs Law Weakening Pre-Dispute Arbitration Agreements by Allowing Employees to Opt Out of Arbitration of Claims Relating to Sexual Assault and Harassment

MSK Client Alert, March 14, 2022

Update: California Publishes COVID-19 Supplemental Paid Sick Leave FAQs

MSK Client Alert, February 22, 2022

Employee Whistleblowing Claims under the California Labor Code just got Harder to Defeat

MSK Client Alert, January 31, 2022

New Masking Mandate for Los Angeles Employers

MSK Client Alert, January 10, 2022

EEOC Issues New COVID-19 Guidance on Religious Objections to Vaccine Mandates

MSK Client Alert, October 27, 2021

CA Governor Newsom Signs Flurry of New Laws

MSK Client Alert, October 20, 2021

FDA Fully Approves Pfizer COVID-19 Vaccine, Removing Potential Hurdle to Mandatory Vaccination Policies

MSK Client Alert, August 26, 2021

California Supreme Court Holds That Rest And Meal Period Premiums Must Be Calculated In The Same Manner As Overtime Payments

MSK Client Alert, July 19, 2021

President Biden Issues Executive Order Encouraging FTC to Ban or Limit Non-Compete Agreements

MSK Client Alert, July 14, 2021

Cal-OSHA Standards Board Adopts Emergency Temporary Standards (ETS) Revisions

MSK Client Alert, June 21, 2021

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Houston, We Have a Policy: Texas Court Upholds Employer's COVID-19 Vaccine Mandate

MSK Client Alert, June 16, 2021

California Mask Requirement for Workplaces To Continue Through Summer (And More!), CAL-OSHA Says

MSK Client Alert, June 7, 2021

The NLRB Approves Confidentiality Rule with Regard to an Ongoing Employer Investigation

MSK Client Alert, April 26, 2021

The NLRB Approves Non-Disparagement, Non-Solicitation, and Email Workplace Rules

MSK Client Alert, April 19, 2021

Employers Begin to Grapple with the Risks of Mandatory COVID-19 Vaccination Policies

MSK Client Alert, April 15, 2021

It's Back! Most California Employers Now Need to Provide Supplemental COVID-19 Sick Leave

MSK Client Alert, March 23, 2021

Mandatory COVID-19 Vaccination Policies Could Carry Risks In Light of FDA Authorization Status

MSK Client Alert, March 18, 2021

Coronavirus Consort – Court Rejects Wife's COVID-19 Suit Against Husband's Employer

MSK Client Alert, March 8, 2021

(Don't) Roundup: California Supreme Court Provides Meal Period Guidance to Employers

MSK Client Alert, March 2, 2021

California Supreme Court Holds that *Dynamex ABC Test* Applies Retroactively

MSK Client Alert, January 20, 2021

FFCRA, We Hardly Knew Thee: Federal (and State) Paid COVID-19 Leave Laws Expire at Year's End

MSK Client Alert, December 23, 2020

EEOC Issues Guidance on COVID-19 Vaccinations: Yes, Employers Can Require Them

MSK Client Alert, December 22, 2020

More COVID-19 Rules for California Employers: Cal-OSHA's Emergency COVID-19 Safety Regulations Take Effect

MSK Client Alert, December 7, 2020

California to Require Employers to Annually Submit Pay Data to DFEH

MSK Client Alert, November 6, 2020

COVID Continuation: California Expands Supplemental Paid Sick Leave Coverage for Employers With Over 500 Employees

MSK Client Alert, September 17, 2020

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Come Fly The Friendly Skies? California Supreme Court Rules California Wage Laws Do Not Always Apply to Working In The Golden State
MSK Client Alert, July 16, 2020

No R&R for LA Employers Under New Recall and Retention Ordinances
Two New Los Angeles Ordinances Create New Worker Recall and Retention Protections... For Select Businesses
MSK Client Alert, May 6, 2020

Keeping Food Sector Workers Posted
California Issues Model Notice of Food Sector Worker Paid Sick Leave That Eligible Employers Must Post
MSK Client Alert, April 28, 2020

Employees Put to the Test
Employers May Test Employees for COVID-19 Before Allowing Their Return to Workplace, EEOC Says
MSK Client Alert, April 24, 2020

Order Up!
California Provides Supplemental Paid Sick Leave For Food Sector Workers
MSK Client Alert, April 21, 2020

Accommodation Landmines Await
EEOC Issues New Guidance on COVID-19 Reasonable Accommodation and Return-to-Work Issues
MSK Client Alert, April 21, 2020

LA Takeaways
Los Angeles Provides Guidance on Emergency Paid Sick Leave Ordinance
MSK Client Alert, April 17, 2020

Los Angeles Makes Big Moves for Big Employers
Los Angeles Enacts New Emergency Paid Sick Leave Ordinance For Large Employers
MSK Client Alert, April 10, 2020

Georgia Employers On the Hook
Georgia: Employers Must File Partial Unemployment Insurance Claims for Their Employees
MSK Client Alert, April 8, 2020

America CARES About Unemployment
DOL Issues Guidance on New CARES Act Unemployment Insurance Provisions
MSK Client Alert, April 8, 2020

California Court Of Appeal Says Unlimited Vacation Policies Fly
MSK Client Alert, April 7, 2020



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New FFCRA Regulations Provide Clarity

Top 15 Practical Takeaways From the New Sick and Family Leave DOL Regulations

MSK Client Alert, April 3, 2020

More FFCRA Questions Answered

DOL Releases Additional Q&A for Families First Coronavirus Response Act, Effective April 1, 2020

MSK Client Alert, March 30, 2020

Employee Relief in the Empire State

The New York COVID-19 Quarantine Leave Law

MSK Client Alert, March 30, 2020

Enforcement Extension

US Department of Labor Will Not Enforce The FFCRA Until April 18, 2020

MSK Client Alert, March 27, 2020

DOL Provides Guidance

Department of Labor Releases Initial Q&A for Families First Coronavirus Response Act, Effective April 1, 2020

MSK Client Alert, March 26, 2020

Keeping Employees Posted

DOL Releases Model Families First Coronavirus Response Act Notice That Eligible Employers Must Post

MSK Client Alert, March 26, 2020

Department of Labor Releases Initial Q&A for Families First Coronavirus Response Act

Department of Labor Releases Initial Q&A for Families First Coronavirus Response Act, Effective April 1, 2020

MSK Client Alert, March 25, 2020

EEOC on COVID-19

EEOC Issues Guidance on the ADA, Rehabilitation Act & COVID-19

MSK Client Alert, March 23, 2020

Families First

UPDATE: President Trump Signs Families First Coronavirus Response Act

MSK Client Alert, March 20, 2020

Telecommuting? Buckle Up

MSK Client Alert, March 17, 2020

Three New Coronavirus Developments for Employers

MSK Client Alert, March 16, 2020

Be Prepared: What Should Employers Do About the Coronavirus?

MSK Client Alert, March 2, 2020

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NLRB Issues Final Rule on Joint-Employer Standard

MSK Client Alert, February 26, 2020

More Bad News For California Employers as Governor Signs Bills Into Law

MSK Client Alert, October 23, 2019

Print Shoot Pay Delay

MSK Client Alert, September 30, 2019

Raising The Bar: DOL Ups Salary Basis Requirement For Overtime Exemptions

MSK Client Alert, September 26, 2019

Have Independent Contractors in California? You May Need to Rethink That.

MSK Client Alert, September 18, 2019

California Arbitration Roundup: Employers Are 3-1 For Favorable Arbitration Rulings

MSK Client Alert, September 16, 2019

Hold Your Horses: California Extends Deadline For Mandatory Sexual Harassment Training

MSK Client Alert, September 12, 2019

California Supreme Court: Employee Can't Bring Conversion Claim for Unpaid Wages

MSK Client Alert, August 26, 2019

New York State Enacts Broad New Sexual Harassment & Discrimination Legislation

MSK Client Alert, August 19, 2019

Let the Sunshine In: California and New York Prohibit Discrimination Based on Hairstyle

MSK Client Alert, July 16, 2019

Timing Is Everything

MSK Client Alert, June 24, 2019

Tennessee Expands Anti-Bullying Law to Private Employers

MSK Client Alert, May 20, 2019

The Ever-Expanding *Dynamex* Decision

MSK Client Alert, May 13, 2019

Dynamex Goes Back in Time

MSK Client Alert, May 6, 2019

I'll See Your Minimum Wage and Raise You

MSK Client Alert, March 14, 2019

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California Court of Appeals Dials in on Call-In Practices
MSK Client Alert, February 19, 2019

No Payday for Plaintiffs
MSK Client Alert, February 13, 2019

Keep On Truckin'
MSK Client Alert, January 30, 2019

Sex Education for Minors?
MSK Client Alert, January 28, 2019

Don't Miss the Party
MSK Client Alert, January 22, 2019

CA Employers Hungry for Time-Rounding Meal Breaks
MSK Client Alert, December 26, 2018

Minors Ages 14 to 17 to Receive Sexual Harassment Prevention Training Before Issuance of Entertainment Work Permit
MSK Client Alert, November 26, 2018

California Supreme Court's Independent Contractor Ruling Only Applies to Claims Brought Under California Wage Orders
MSK Client Alert, November 7, 2018

California Expands Sexual Harassment Training for Employees
MSK Client Alert, October 18, 2018

New York State Provides Model Sexual Harassment Prevention Materials for Employers
MSK Client Alert, October 11, 2018

events & speaking engagements

California Employment Law Year in Review
December 10, 2025

Independent Contractors - Navigating Global Legal Frameworks and Their Implications
TAG Alliances Fall 2025 International Conference
October 23, 2025

MSK's 2025 Employment Law "Year in Review" Seminar
February 20, 2025

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Workforce 2.0 - How Remote Work, Generative A.I. and Offshoring are Impacting Labor and Employment Law
TAG Alliances Spring 2024 International Conference
May 3, 2024

TAG Alliances 2024 Western North America Regional Meeting
March 8, 2024

MSK's Labor & Employment Department's Annual "Year in Review" Seminar
January 10, 2024

MSK's Labor & Employment "Year in Review" Seminar
January 11, 2023

Reclaim Your Workplace: Creating a Resilient Environment Post Pandemic
September 15, 2020

MSK's Annual Labor & Employment Law Update
January 15, 2020

MSK's Annual Labor & Employment Law Update
January 9, 2019