



Talya Seidman Cytryn

Associate



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legal expertise

Talya Seidman Cytryn is an associate attorney in MSK's Labor & Employment practice group. Talya's practice focuses on civil litigation, including employment discrimination, wrongful termination, harassment, and retaliation claims. Her litigation expertise includes overseeing all aspects of discovery, taking and defending depositions, drafting motions, evaluating matters for mediation, and taking cases to trial.

honors & awards

- "Legal Rookie of the Year," New York City Law Department (2017)

headlines

Mitchell Silberberg & Knupp Launches Practice Group to Advise Clients on DEI Programs
September 17, 2024

client alerts

U.S. Department of Labor Issues Helpful Guidance on Employers' Use of Artificial Intelligence in the Workplace
MSK Client Alert, June 11, 2024

events & speaking engagements

California Employment Law Year in Review
December 10, 2025

MSK's 2025 Employment Law "Year in Review" Seminar
February 20, 2025

practice areas

labor & employment

Diversity, Equity and Inclusion Advisory

employment litigation & counseling

labor litigation & counseling

admissions

California

New York

education

- Benjamin N. Cardozo School of Law, J.D.
- Yeshiva University, Stern College for Women, B.A.

other career experience

- Assistant United States Attorney, Complex and Defensive Litigation Division, United States Attorney's Office, Central District of California
- Assistant Corporation Counsel and Trial Attorney, Bronx Tort Division, New York City Law Department