

# If You are Considering a Workplace Wellness Program, Be Sure It Complies with Existing Laws

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Companies are looking at ways to combat stress so employees will have better health and will be more productive when they are at work. The National Business Group on Health's Eighth Annual Survey on Corporate Health recently confirmed and revealed the growing prevalence of workplace wellness programs. Many such programs are expanding their aim to not only better the physical health of employees, but also to improve employee's emotional health and financial security.

In their latest article for NAMA's *InTouch Magazine*, Heather Bailey discusses how operators should be cautious that health and wellness programs, particularly those dealing with the physical and emotional health of employees, do not run afoul of existing laws.

The full article, "'Calgon™, Take Me Away!' If You are Considering a Workplace Wellness Program, Be Sure It Complies with Existing Laws" can be found in the Summer 2017 edition of *InTouch*.

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